



Public Health
Prevent. Promote. Protect.

Warren City Health District

“Working Together for a Healthier Community”

Volume 1, Issue 8

August 2018

Where Does Your Baby Sleep?

A Safe Sleep Environment is as Easy as ABC

A ALONE

B BACK

C CRIB

- Consider having your baby sleep in the same room, not in the same bed.
- Babies should never co-sleep with an adult.
- Place babies on their backs to sleep every time. The back position is proven to reduce SIDS deaths.
- Babies shouldn't sleep in an adult bed, on a couch or chair.
- Older babies roll over. Make sure their sleep area is clear.
- Make sure nothing covers the baby's head.
- Don't use pillows, blankets, or crib bumpers.
- Dress the baby in a one-piece sleeper.
- Use a safety approved crib, bassinet or play yard with a firm mattress covered with a tight-fitting sheet.
- No toys in the sleep area.
- Do not let anyone smoke near your baby.

Buckeye Health Plan in Partnership with Warren City Health District Nursing Clinic offer a “Cribs for Kids” Program. If you do not have a safe place for your baby to sleep, please call 330.841.2596 to set up an appointment to attend one of our “Cribs for Kids” classes and receive a free Pack and Play for your child.

Environmental Issues

We urge all residents to abate any standing water issues around their property during mosquito season. This includes flower pots, buckets, bird baths, tires and all house/garage outbuilding gutters and downspouts should drain freely.

If a resident has garbage and debris that is questionable for trash pick-up please call the Environmental Services (330-841-2561) division to arrange for special pick up. Please place your trash receptacles out the night before your pickup day and put them away when trash has been removed.

PLEASE KEEP THE APPEARANCE OF YOUR NEIGHBORHOOD TRASH FREE!

*Environmental and housing complaints can be made by calling 330-841-2612. All complainant's names are held in confidence.

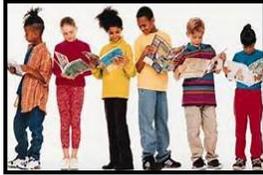




Warren City Health
District
258 East Market St.

Phone: 330-841-2579
Fax: 330-841-2912
Website: www.warren.org

Upcoming Programs: August is Immunization Month



Children who read Succeed

A Librarian from Warren-Trumbull County Public Library will read a story during our clinics

WARREN CITY HEALTH DISTRICT
258 East Market Street
Warren, OH 44481
WILL HOLD

Special Immunization clinics

August 15th: 9 am—11 am

August 29th: 4—6 pm

September 19th: 9 am—11 am

Call 330.841.2596 for more info



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Current Health Issues

When you're getting your kids ready for the upcoming school year, make sure to include back-to-school vaccine appointments on your checklist.

While vaccines are often thought of as something for babies and young children, preteens and teens also need vaccines to stay healthy throughout the

school year. Vaccination protects preteens and teens against serious and potentially life-threatening diseases, including meningitis and cancers caused by HPV infections. These diseases are still around and very real. When children are not vaccinated, they are at increased risk for diseases and can also

spread diseases to others in their classrooms and community.

Source: www.cdc.gov

Warren City Health District Nursing Division offers walk-in immunization clinics throughout the month of August and throughout the year to help get your child ready for school. Please check our website for more details. www.warren.org